

James (Jim) W. Farris, PT, PhD

CAPTE Curriculum Vitae

Arkansas State University

Physical Therapy Program

PO BOX 910

State University, AR 72467

Email: jfarris@astate.edu

I. Education

Degree: Bachelor of Science

Institution: Arkansas State University

Major: Physical Therapy

Date awarded: 1999

Degree: Doctor of Philosophy

Institution: The Ohio State University

Major: Exercise Physiology

Date awarded: 1995

Degree: Master of Arts

Institution: California State University

Major: Physical Education, Exercise Science Emphasis

Date awarded: 1989

Degree: Bachelor of Arts

Institution: California State University

Major: Physical Education

Date awarded: 1987

II. Licensure Information

Current, Expires 8/21/2024

Arizona Physical Therapy License number 8440.

Current, Expires 3/1/2023

Arkansas Physical Therapy License number 2395.

III. Certifications & Fellowships

2015-Present

American Physical Therapy Association. Education Leadership Institute Fellowship. (2014-2015) ABPTRFE accredited. Credentialed Fellowship Graduate July 29, 2015.

IV. Employment and Positions Held

8/2022-Present

Director, PT Program. Associate Professor, Temporary Full-time. Arkansas State University. State University (Jonesboro), AR. Educational Setting.

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| 2022-Fall only | Adjunct Faculty, Bowling Green State University, School of Physical Therapy, Bowling Green, Ohio. Educational Setting <ul style="list-style-type: none"> ○ PHYT 7103 Human Physiology (Fa1S1, 16 wk. co-developed and co-taught) ○ PHYT 7105 Pharmacology for the PT (Sp1S2, 8 wk. co-developed) |
| 2022 – Fall only | Adjunct Faculty, Bellin College, Physical Therapy Program. Green Bay, WI PT 710 – Pathophysiology (developed and taught, Course coordinator) |
| 9/2021-Present | Farris Health Services. Sole proprietor & Owner. Educational and Consulting Services in Higher Education. |
| 9/2020-9/2021 | Associate Dean of Academics and Assessment. Professor, tenured, Kinesiology Program. College of Graduate Health Sciences, A.T Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 7/2019-9/2020 | Founder and Co-Director, ATSU Center for Occupational and Physical Therapy, student-lead, faculty supervised, pro bono rehabilitation clinic. Arizona School of Health Sciences, Department of Physical Therapy, A.T Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 7/2018-9/2020 | Department Chair, Physical Therapy. Arizona School of Health Sciences, Department of Physical Therapy. A.T. Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 7/2016-9/2020 | Professor, tenured. Arizona School of Health Sciences, Department of Physical Therapy. A.T. Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 7/2012-6/2018 | Department Chair and DPT Program Director. Arizona School of Health Sciences, Department of Physical Therapy. A.T Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 12/2008-2016 | Associate Professor. Arizona School of Health Sciences. Department of Physical Therapy. A.T. Still University of Health Sciences. Mesa, AZ. Educational Setting. |
| 5/2004-12/2008 | Department Chair and PT Program director (MPT). Department of Health Professions, Physical Therapy Programs, Arkansas State University. Jonesboro AR. Educational Setting. |
| 8/2003-5/2004 | Interim Department Chair and PT Program director (MPT). Department of Health Professions, Physical Therapy Programs, Arkansas State University. Jonesboro, AR. Educational Setting. |
| 5/2000-12/2008 | Associate Professor, tenured. Department of Health Professions, Physical Therapy Programs, Arkansas State University. Jonesboro, AR. Educational Setting. |
| 1/1996-5/2000 | Assistant Professor. Department of Health Professions, Physical Therapy Programs, Arkansas State University. Jonesboro, AR. Educational Setting. |

V. Peer Reviewed Publications (Papers in Journals, AV Materials, Monographs Chapters in Books etc.)

- 2018 Everman, S., Farris, J.W., & Daniels, J.T. (2018, April 24). Active Voice: Never stop moving. Sports Medicine Bulletin of the American College of Sports Medicine. Retrieved from: <http://www.multibriefs.com/briefs/acsm/>
- 2018 Everman, S., Farris, J.W., Bay, C., Daniels, J. Elite Distance Runners: A 45-Year Follow-Up. Medicine and Science in Sport and Exercise. 50(1):73-78. pre-published online. 50(1):73-78, January 2018. Emphasized as a featured article by editor in chief in January edition MSSE Reported by the New York Times, Runner's World, & others
- 2017 Heick, J., Farris, J.W. Survey of Methods Used to Determine if a Patient Has a Deep Vein Thrombosis: An Exploratory Research Report. Physiotherapy Theory and Practice, Vol. 33(9), pp 733-742. Also, published online July 17, 2017.
- 2015 James Roush, PT, PhD; James W. Farris, PT, PhD; Lori M. Bordenave, PT, DPT, M.Ed.; Samantha Sesso, DPT; Ali M. Benson, DPT; Carissa Millikan, DPT. Commonly used statistical methods in the journals associated with physical therapy and physiotherapy. Journal of Physical Therapy Education, Winter 2015, Vol. 29(1), pp 5-9.
- 2014 Heick, J., Farris, J.W., Bustillo K. "Recognition of Signs and Symptoms of a Type 1 Chondrosarcoma: A Case Report." Physiotherapy Theory and Practice, Jan 2014, Vol. 30, No. 1, pp 49-55.
- 2011 Farris, J.W., Taylor, L., Williamson, M., Robinson, C. A 12-week interdisciplinary intervention program for children who are obese. Cardiopulmonary Physical Therapy Journal, 22(4): 12-20, 2011
- 2007 Ronald Barredo, Dale Menna, James W. Farris. An evaluation of research evidence for selected physical therapy interventions for plantar fasciitis. Journal of Physical Therapy Science, March, 19(1): 41-56, 2007.
- 2006 Fleisig, G., Phillips, R., Shatley, A., Loftice, J., Dun S., J., Drake, S., Farris, JW, Andrews, JR. Kinematics and kinetics of youth baseball pitching with standard and lightweight balls. Sports Engineering: 9(3): 155-163, 2006.
- 2005 KH McKeever, SE Alway, JW Farris, KW Hinchcliff, and JA Lombardo. Acute progressive resistance exercise alters intracardiac pressure in ponies. Equine and Comparative Exercise Physiology: 2(2); 113-118, 2005.
- 2005 Kenneth W. Hinchcliff, Bonnie R. Rush, James W. Farris. Evaluation of plasma catecholamine and serum cortisol concentrations in horses with colic. J Am Vet Med Assoc, 227:276-280, 2005
- 2002 Guffey, J.S., Farris, J.W., Aldridge, R., & Thomas, T. An evaluation of the usefulness of noncognitive variables as predictors of scores on the national physical therapy licensing examination. J Allied Health, 31:7886, 2002.

- 2000 Greenwood, M., J.W. Farris, L. Greenwood, & A. Byars. Creatine and dietary supplement usage in Division I college athletes. *Clinical Journal of Sports Medicine*, 10: 191-194, 2000.
- 2000 Greenwood, M., J.W. Farris, L. Greenwood, & A. Byars. Creatine: what we know now, an update. *Arkansas Journal: The Journal of the Arkansas Alliance for Health, Physical Education, Recreation and Dance*. Spring. Vol. 35(1), pp. 5866, March 2000.
- 1998 Farris, J.W., K.W. Hinchcliff, K.H. McKeever, D.R. Lamb, D.L. Thompson, Jr. Effect of tryptophan and of glucose on exercise capacity of horses. *Journal of Applied Physiology*. 85(3):80716, 1998.
- 1998 M. Jimenez, K.W. Hinchcliff, J.W. Farris. Catecholamine and cortisol responses to incremental exertion. *Veterinary Research Communications* 22(2): 107-118, 1998.
- 1997 K.W. Hinchcliff, P.D. Constable, J.W. Farris, K.E. Schmidt, R.L. Hamlin. Electrocardiographic characteristics of elite Alaskan sled dogs. *Journal of the American Veterinary Medical Association* 211(9): 1138-1141, November 1997.
- 1996 Constable, P.D., K.W. Hinchcliff, J.W. Farris, and K.E. Schmidt. Factors influencing finishing status of dogs competing in a long-distance sled race. *Journal of the American Veterinary Medical Association*. 208(6): 879-882, 1996.
- 1995 Farris, J.W., K.W. Hinchcliff, K.H. McKeever, and D.R. Lamb. Glucose infusion increases maximal duration of prolonged treadmill exercise in Standardbred horses. *Equine Veterinary Journal Supplement* 18(May): 357-361, 1995.
- 1993 A.R. Coggan, A.M. Abduljalil, S.C. Swanson, M.S. Earle, J.W. Farris, L.A. Mendenhall, and P.M. Robitaille. Muscle metabolism during exercise in young and older untrained and endurance- trained men. *Journal of Applied Physiology* 75(5): 2125-2133, 1993.

Peer Reviewed Book Publications:

- 2014 Farris, J.W., Heick J. (2014). The cardiovascular system: Venous Diseases (Thrombophlebitis and DVT) and The Respiratory System: Disorders of the pulmonary vasculature (Pulmonary embolism and Infarction). In C.C. Goodman & K.S. Fuller (Eds.), *Pathology: Implications for the physical therapist* (4th edition, pp. 646-654 and pp. 849-853). St. Louis, USA: Elsevier.
- 2008 Farris, J.W. "Nutritional Supplementation and Meal Timing". Chapter in: *Nutritional Supplements in Sports and Exercise*. 2008. M Greenwood, DS Kalman, & J Antonio (Editors). Humana Press. ISBN:978-58829-900-0.

VI. Peer Reviewed Scientific and Professional Presentations (Platform or Poster)

- 2022 Platform: Cannabis in Sports – What is the Evidence? Farris, JW. Presented at Cannabis in Sports Conference 2022 (can-ed.org). July 30, 2022. Orlando, FL

- 2021 Platform: (Educational Session) "Cannabis In Our Communities Means Cannabis In Our Curriculum." Farris JW and Konin J. Presented at APTA Combined Sections Meeting as a two-hour educational session. October 2021. Atlanta, GA.
- 2021 Poster: "PT Student Supervision: Overview of Supervision Definitions and Ratios by States and Territories". James Farris; Michael Akins; Benjamin Barrantes; Tyler Slim. Presented at 2021 APTA Combined Sections Meeting in Atlanta, GA, October 2021.
- 2021 Virtual Poster with 2 min presentation and 5 min question/answer: "The presence of cannabis-related content in healthcare curriculums in the USA." S. David, J. Farris, Z. Kerr, M. Rosenthal, S. Singe, J. Konin. Presented at Sports, Medicine and Health Summit 2021. Hosted by the 49th Congress of the German Society for Sports Medicine and Prevention. Congress Center, Hamburg, Germany (virtual). April 20th, 2021.
- 2020 Platform/Session: "The Endocannabinoid System and Cannabis for Healthcare Providers." James W Farris. 1. Arizona Physical Therapy Association Student Conclave. June 13, 2020. Virtual-live. 2. California Physical Therapy Association, Student Special Interest Group annual meeting. September 19, 2020. Virtual-live. Title variation: Cannabis in Physical Therapy.
- 2017 Poster: "The Effectiveness of ACL Prevention Programs in Reducing the Incidence of ACL Injuries: A Systematic Review." Roush, James R.; Funk, David; Hunke, Ethan; Farris, James W. Presented by Farris, at 2017 APTA Combined Sections meeting in San Antonio, TX. February 2017.
- 2016 Poster. "A Prediction Rule for Admissions to Physical Therapy Education Programs." Roush J, Farris, JW. Presented at 2016 APTA Education Leadership Conference. October 2016. Phoenix, AZ.
- 2016 Poster: "Efficacy of Dynamic Warmup on Vertical Jump, Speed, and Agility: A Systematic Review". James Farris; Arthur Hortin; John Lenderink; Timothy Peintner. Presented at 2016 APTA Combined Sections Meeting in Anaheim, CA, February 18, 2016.
- 2015 Platform: (Educational Session) "Current Practice and Screening for Deep Vein Thrombosis and Pulmonary Embolism: Keeping Up with the Evidence." Heick J and Farris JW. Presented at APTA Combined Sections Meeting as a two-hour educational session. February 5, 2015. Indianapolis, IN.
- 2014 Poster: "Daniels' Distance Runners – An Investigation of Cardiovascular Fitness Over 45 Years" Daniels, J. T., Everman-Johnston ,S.R. and Farris, J.W. Presented at International Sports Science Symposium, Eugene, OR. May 2014.
- 2014 Poster: "EMG Muscle Activity in the Lower Extremity of Individuals with Chronically Unstable Ankles During Functional Tests. A Pilot Study." James Farris, Jeffrey Walker, Richard Elicio, Timothy Tenney, Tamara McLeod. accepted for presentation at the APTA Combined Sections Meeting, Thursday, February 6, 2014, Las Vegas, NV.
- 2013 Poster: "Getting rid of Homans: do clinicians use the evidence to determine if a patient has a DVT?" John Heick, James Farris (Presenter). Presented at APTA Annual Conference & Exposition, Friday, June 7, 2013, Salt Lake City, UT.

- 2013 Platform: "A Submaximal Step Test to Assess Aerobic Fitness in Children" James W. Farris, John Becker, Emilene Clark, Brandon Flippin, Aurora Fry, Casey Hanyzewski, Nicolas Hawley, Mark Holley, Colleen Smith, Nicholas Sutton, Tonya Thomas, Lucy Twohy. Presented at APTA Annual Combined Sections Meeting, Wednesday, January 23, 2013, San Diego, CA.
- 2011 Poster: Percentile Ranking of Aerobic Capacity (VO₂) for Children 6-11 Years of Age. James W. Farris P.T., Ph.D. and James R. Roush, P.T., Ph.D., ATC. Presentation at APTA 2011 National Meeting (June 2011) at National Harbor, MD.
- 2011 Platform – 2 hr educational session: Getting Rid of Homans: Differentiating Deep Venous Thrombosis (DVTs) with Clinical Guidelines and Clinical Prediction Rules. John Heick, PT, DPT and Jim Farris, P.T., Ph.D. Presentation at APTA 2011 Combined Sections Meeting (February 2011) in New Orleans, LA.
- 2009 Platform - Relationship of Body Mass Index and Motor Skills of Children. Brad Baine, Dean Gorman, Jack C. Kern, Sharon B. Hunt, George S. Denny and James W. Farris, Presentation at the 2009 AAHPERD National Convention and Exposition (March 31 - April 4, 2009) in Tampa, FL.
- 2009 Platform - Childhood obesity: An intervention and Outcomes. James W. Farris, PT, PhD, Laura Taylor, BS, Megan Williamson, BS, Chris Robinson, BS. Presented at APTA 2009 Combined Sections Meeting in Las Vegas, NV. Wednesday, February 11, 2009, 2:40-3:00 pm.
- 2007 Platform – 2 hr educational session: James W. Farris, PT, PhD, Staffan Elgelid, PT, PhD, Rachel Kerls, MSPT; Martha Schneider, DPT; Laura Taylor, BS, Joseph W. Thompson, MD, MPH. "Childhood Obesity and Cardiovascular Risk Factors." APTA Combined Sections Meeting in Boston, MA. Friday, February 16th, 2007.
- 2006 Platform. Barredo R, Farris J, Aldridge R. Bringing Learning Back to Service Learning: Structuring Scoliosis Screenings Using the Nested Model of Curriculum Integration. Presented at the following national conferences: APTA Combined Sections Meeting in San Diego CA in February 3, 2006. PT 2006 – APTA Annual Convention and Scientific Exposition in Orlando FL in June 2006.
- 2005 Poster. A. Kim Collins, PT, MPA, GCS, Jim Farris, PT, PhD, and Beverly Parker, BSN, MS. "The Healthy Ager Project: A Community-Based Service-Learning Experience." Presented at APTA's PT2005 National Conference and Exposition on Thursday, June 9th, in Boston, MA.
- 2005 Poster. Brad Baine, MS & Jim Farris, PT, PhD, & et al. HPESS faculty. "Body Mass Index and Fitness of Elementary and Middle School Age Children" Annual meeting of the Southern District of the American Alliance for Health, Physical Education, Recreation, and Dance. March 2, 2005, in Little Rock, AR.
- 2005 Platform, Seminar: Glenda F. Brown, EdD, APN, Deanne Blach, MSN, RN, A. Kim Collins, PT, MPA, GCS, Jim Farris, PT, PhD, and Katherine Parkard, Med, LSW. "AR-GEMS: A Stratified Approach to Geriatric Training" Presented at the Association for

Gerontology in Higher Education's 31st Annual Meeting and Educational Leadership Conference, "Careers in Aging": Oklahoma City, OK. February 24-27, 2005

- 2004 Platform. Jim Farris, PT, PhD & Sara Ask, SMPT. Obesity, Physical Fitness, & Blood Pressure in Children, presented at the American Physical Therapy Associations' Annual Combined Sections Meeting in New Orleans, February 2005 and abstract was published in the Cardiopulmonary Physical Therapy Journal 15(4), p.34, Dec. 2004.
- 2004 Poster. Community-Based Service Learning: The Healthy Ager Project. Collins, A.K., B. Parker, J.W. Farris. Presented at the September 10-11, 2004 "Improving Chronic Care Quality: Transferring Geriatric Research into Practice Conference." Columbia, Missouri.
- 2002 Creatine supplementation patterns among select division I athletes. Byars A, Greenwood M, Kreider R, Greenwood L, Farris J. ACSM Annual Conference, St Louis, MO. May 30, 2002.
- 2002 Effects of creatine supplementation on the incidence of cramping/injury during eighteen weeks of Division IA football training/competition. Greenwood L, Greenwood M, Kreider R, Earnest C, Farris J, Byars A. ACSM Annual Conference, St Louis, MO. May 30, 2002.
- 2002 Effects of creatine supplementation on the incidence of cramping/injury during eighteen weeks of collegiate baseball training/competition. Greenwood M, Kreider R, Greenwood L, Earnest C, Farris J, Byars A. ACSM Annual Conference, St Louis, MO. May 30, 2002.
- 2002 Activity, Obesity and Blood Pressure in Elementary Age School Children. J.W. Farris, A.P. Mott & M. Greenwood. Presented at the American College of Sports Medicine 49th Annual Meeting. St. Louis, MO. June 1, 2002.
- 2002 Cardiovascular Risk Factors in Elementary School Children. J.W. Farris, & A.P. Mott. Arkansas AHPERD, District IV Workshop: Issues in the 21st Century. April 4, 2002. Arkansas State University, Jonesboro, AR.
- 2000 Pedagogy and Online Instruction. J.W. Farris & A.K. Collins. Learning in HealthCare: Focus on Technology. RidgeCrest Learning Annual Meeting. St. Louis, MO. September 2000.
- 2000 Prevalence of Complementary and Alternative Medicine Use Among Clients in a Rural Health Care Clinic Served by an Advanced Practice Nurse. L.A. Farris & J.W. Farris. Sigma Theta Tau, International, Iota Nu Chapter Annual Research Conference. Theme of conference: Realities of Alternative Healing for the Next Decade. April 29, 2000. The University of Texas at Tyler. Tyler, Tx.
- 1999 The Creatine Controversy Continued: What We Know Now. M. Greenwood, J.W. Farris, L. Greenwood. Arkansas AHPERD Annual Meeting, Nov 4, 1999. Eureka Springs, AR.

- 1999 Health Characteristics and Behaviors of Elementary School Children and Their Families: A Preliminary Investigation. J.W. Farris, M. Sims, B. Bartells, M. Greenwood. Arkansas AHPERD Annual Meeting, Nov 4, 1999. Eureka Springs, AR.
- 1999 Nutritional Strategies for Athletes. J.W. Farris, M. Greenwood, L. Greenwood. Arkansas AHPERD Annual Meeting, Nov 4, 1999. Eureka Springs, AR.
- 1999 Nutritional Patterns of Division I Athletes: Creatine Supplementation. M. Greenwood, J.W. Farris, A. Byars, & L. Greenwood. Arkansas AHPERD Annual Meeting, Nov 3, 1999. Eureka Springs, AR.
- 1999 Creatine and other dietary supplement usage in college athletes. Greenwood, M., J.W. Farris, L. Greenwood, & A. Byars. National Strength and Conditioning Association. June 1999. Kansas City, KS.
- 1998 A Preventative Exercise Approach to the Management for Chronic Low Back Pain. J.S. Guffey & J.W. Farris. Arkansas Alliance for Health, Physical Education, Recreation and Dance State Meeting. November 6, 1998.
- 1998 Using case simulation and repetitions in the laboratory instruction of the student PTA. J.S. Guffey & J.W. Farris. Awarded best presentation by jury of peers at conference. 1998 Annual conference for Association of Schools of Allied Health Professionals. Feb. 18-21, 1998, Daytona Beach, FL.
- 1997 A Campus Wellness Program: Employee Needs and Attitudes. J.W. Farris. Arkansas Alliance for Health, Physical Education, Recreation and Dance State Meeting. November 6, 1997.
- 1997 Nutrition for Activity and Sport. J.W. Farris. Arkansas Alliance for Health, Physical Education, Recreation and Dance State Educators Workshop. April 3, 1997.
- 1997 Sports Nutrition and Athletic Performance. J.W. Farris. Arkansas State University Sports Medicine - Athletic Training Club Meeting. February 9, 1997.
- 1996 Treadmill endurance of standardbred horses infused with tryptophan and/or glucose. Farris, J.W., K.W. Hinchcliff, K.H. McKeever, and D.R. Lamb. American College of Sports Medicine 43rd Annual Meeting. May 29, 1996
- 1996 Nutrition for the Physical Therapist; Myths, Fads, and Facts. Farris, J.W. Northeast Arkansas Regional APTA Meeting. February 20, 1996
- 1995 Electrocardiograms of 319 elite Alaskan sled dogs. K.W. Hinchcliff, P.D. Constable, J.W. Farris, K.E. Schmidt, and R.L. Hamlin. 13th Annual Veterinary Medicine Forum, American College of Veterinary Internal Medicine, May 1995.
- 1994 Endurance performance is enhanced with supplemental glucose during exercise in the horse. Farris, J.W., K.W. Hinchcliff, K.H. McKeever, and D.R. Lamb. The Fourth International Conference on Equine Exercise Physiology; Brisbane, Australia, July 1994.

VII. Funded/In Review Grant Activity

None

VIII. Current/Active Research Activity

- 2022 David SL, Konin, FG, & Farris J. (In press). Cannabis Content in Athletic Training and Physical Therapy Curriculums in the United States. *Internet Journal of Allied Health Sciences and Practice*.
- 2021 "A Submaximal Step Test to Assess Aerobic Fitness in Children" James W. Farris, Sarah Everman, John Becker, Emilene Clark, Brandon Flippin, Aurora Fry, Casey Hanyzewski, Nicolas Hawley, Mark Holley, Colleen Smith, Nicholas Sutton, Tonya Thomas, Lucy Twohy. To be submitted to *Pediatric Exercise* in December 2021.

IX. Membership in Scientific/Professional Organizations

- 1998-Present American Physical Therapy Association
Education Research Agenda Strategic Initiative group (2017 – 2020)
Chair, Education Researcher Development sub-group (2017 – 2020)
Cardiovascular & Pulmonary Section Member (2004-2015)
Program Committee – member (2009-2011).
Orthopedic Section member (2006-2010)
Acute Care Section Member (2004-2006)
Education Section Member (2003-2009, 2014-present)
AASIG national meeting attendee: 10/03 through 10/07
- 2014-2015 APTA Faculty Residency Development Group.
Purpose was to develop a residency model for faculty development which will be the guidelines for accreditation of faculty development residencies.
Faculty Development Competencies working sub-group (2014)
Presented proposal to ACAPT board of directors (October 2014 in KC, MO)
Residency Approved and DSPs published by ABPTRFE, Spring 2015.
- 2011-2020 ACAPT Member and ATSU DPT Representative (2011-2020)
Director. Elected to Executive Council, board of directors, October 2016 with term ended October 2019.
Student National Honor Society Development Task Force - board liaison (2017-2020)
Chair. Education and Pedagogy Consortium. Organized and proposed this special interest consortium to the ACAPT BoD and was approved in Dec 2014. (Founding member 2014 – present; Chair 2014-2016)
- 2013 Working member. Task Force for Exercise Physiology and Nutrition Guidelines in Physical Therapy Curriculum. Report given at ACAPT business meeting at ELC 2013 and published on ACAPT website.
- 2014-2020 Arizona Academic Physical Therapy Directors group. Founding member. Organize two meetings of the academic directors each year. Maintain email communications and virtual video meetings for the group.

- 2013-2016 Arizona Physical Therapy Directors group. Member. Organize one topical monthly meeting for the group each year. Assist in identifying speakers for annual dinner CEU series.
- 2010-2014 Arizona Chapter of American Physical Therapy Association Research Committee Member: (2011-2014)
Legislative Committee Liaison to AZ-ATA for SB 1326 (Athletic Training Practice Act). February-April 2010.
- 1998-2008; Arkansas Chapter of American Physical Therapy Association.
Loan Fund Committee Co-Chair, 2003
Treasurer, 2004-2005
Research Committee Chair, 2006 - 2007

X. Consultative and Advisory Positions Held

- 2021-Present Tufts University, Doctor of Physical Therapy program Advisory Board.
- 2021-Present University of Arizona, Doctor of Physical Therapy program Core Advisory Group.
- 2019-Present Director of Curriculum. PHD420, Inc.; www.phd420.org
- 2014-2017 Board Member: East Valley Institute of Technology (EVIT) Health Professions Advisory Board.
- 2010-2013 Board Member: Future Generation Project. Advise on design, implementation, and assessment of GENfitLife Programs for the prevention of childhood obesity. Phoenix, AZ and now in Seattle, WA.
- 2006-2009 NEA Clinic Foundation: Center For Healthy Children. Jonesboro, AR. Activity Program and Research Consultant.

XI. Community Service

- 2019-Present FUNfitness Clinical Director training for Special Olympics North America (May). Delivered and directed the training of 6 clinical directors from America and Canada.
- June 2018 SOAZ Health Team Leader, Special Olympics National Games. Seattle, WA.
- 2017 Completed Regional Director training at Summer Games in Seattle, WA. Arizona Special Olympics.
- October 2016 Began Regional Director training at Arizona games.
- 2016 Invited to be leader of Fitness subcommittee of the Health Leadership Committee. Arizona Special Olympics.
- 2015 Invited to be a Regional Director for Special Olympics FUNfitness program. Arizona Special Olympics.

- 2014 Invited, applied, and accepted to be a Clinical Director for Special Olympics Arizona FUNfitness program. Training completed in MN, October 2014.
- 2014 Invited to serve on the Special Olympics Arizona Medical Advisory Committee.
- 2009-2021 Arizona Special Olympics. FUNfitness assessment – Full day fitness assessment of athletes participating in Special Olympic games at Arizona venues.
 Dates: October 2009, May 2010, October 2010, April 2011, October 2011, April 2012, October 2012, April 2013, October 2013, May 2014, October 2014, May 2015, October 2015, January 2016 (Flagstaff), May 2016 [State games], October 2016; May 2017 (planned but sick day of), October 2017, May 2018, November 2018 (Yuma), May 2019, October 2019, May 2020 planned (cancelled due to COVID-19).

XII. Services to the University/College/School on Committees/Councils/Commissions

University-wide

None at AState

School/Department

Department/Program: Curriculum (2022 – current); Admissions (2022-current)
 None for College at this time

Professional

- 1998-Present American Physical Therapy Association
- Education Research Agenda Strategic Initiative group (2017 – 2020)
 - Chair, Education Researcher Development sub-group (2017 – 2020)
 - APTA Faculty Residency Development Group. (2014-2015)
 - The purpose was to develop a residency model for faculty development which will be the guidelines for accreditation of faculty development residencies.
 - Presented proposal to ACAPT board of directors (October 2014 in KC, MO)
 - Residency Approved and DSP's published by ABPTRFE, Spring 2015.
- 2011-2020 ACAPT Member and ATSU DPT Representative Director.
- Elected to Executive Council, board of directors, October 2016 with term ended October 2019.
 - Student National Honor Society Development Task Force - board liaison (2017 -2020)
 - Chair. Education and Pedagogy Consortium. Organized and proposed this special interest consortium to the ACAPT BoD and was approved in Dec 2014. (Founding member 2014 – present; Chair 2014-2016)

- Working member. Task Force for Exercise Physiology and Nutrition Guidelines in Physical Therapy Curriculum (2013).
 - Report given at ACAPT business meeting at ELC 2013 and published on ACAPT website.

- 2009-2021 Arizona Chapter of American Physical Therapy Association
- Legislative Committee Liaison to AZ-ATA for SB 1326 (Athletic Training Practice Act). February-April 2010.
- 2016-2021 Arizona Special Olympics
- 2019 - Present: FUNfitness Clinical Director training for Special Olympics North America (May).
 - 2019: Delivered and directed the training of 6 clinical directors from America and Canada
 - 2018: SOAZ Health Team Leader, Special Olympics National Games, Seattle, WA. June.
 - 2016-2020: Fitness subcommittee of the Health Leadership Committee.
- 2014-2020 Arizona Academic Physical Therapy Directors group. Founding member.
- Organize two meetings of the academic directors each year. Maintain email communications and virtual video meetings for the group.
- 1998-2008, 2022-Present Arkansas Chapter of American Physical Therapy Association
- Loan Fund Committee Co-Chair, 2003
 - Treasurer, 2004-2005
 - Research Committee Chair, 2006 - 2007

XIII. Honors and Awards

- 2018 Golisano Health Leadership Award. Special Olympics Arizona. In recognition of outstanding leadership in SOAZ health programming and ongoing commitment to advancing inclusive health for people with intellectual disabilities; highest award given to healthcare providers.
- 2007 The Jonesboro Sun 2007 “Local Favorite” voted “Best Professor” by readers of The Sun.
- 2001 State of Arkansas Governor’s Council on Fitness, 2000 Leadership Award for outstanding contribution in the promotion of physical activity.
- 2000 Faculty Achievement Award for Outstanding Scholarship, College of Nursing and Health Professions.
- 1999 Volunteer of the Month (December). KASU 91.9 FM National Public Radio Affiliate.
- 1999 Teaching Excellence Award from the Physical Therapy Student Association.

1998 "Best presentation" by jury of peers at conference. Using case simulation and repetitions in the laboratory instruction of the student PTA. J.S. Guffey & J.W. Farris. 1998 Annual conference for Association of Schools of Allied Health Professionals. Feb.18-21, 1998, Daytona Beach, FL.

XIV. Continuing Education Attended (Last 5 Years)

2022

EIM Hybrid Instructor Certification Course Series:

- EDU 6110 Essentials in hybrid Learning and Teaching. Completed February 5, 2022. (21 contact hours)
- EDU 6210 Effective Skills in hybrid Learning and Teaching. Completed April 19, 2022. (46 contact hours)
- Teaching Practicum in hybrid learning and Teaching. Completed June 11, 2022. (30 contact hours)

October 2021

APTA Tri-State Meeting: Arkansas, Mississippi, Tennessee.

- Sessions attended:
- 1) Leverageable Lessons: The Impact of a Global Pandemic on Physical Therapy. Sharon Dunn, PT, PhD, Susan Appling, PT, DPT, PhD, Jerry Durham, PT. 0.3 CEU.
- 2) Keynote Breakout Session: PT/PTA Education changes from pre-COVID into the future. Susan Appling. 0.2 CEU.
- 3) "Rest or Stress?" Rehabilitation for tendinopathy and bone stress injury in athletes. Bryan Clary DPT, SCS, CSCS, COMT and Andy Gean, DPT. 0.15 CEU.
- 4) Reaching the best outcomes in a high-volume outpatient clinic utilizing physical therapists and physical therapist assistants. Crystal Hollins, PT, DPT. 0.15 CEU.
- 5) Introduction to Scoliosis: Tri-planar assessment and treatment options. Shawn Drake, PT, PhD, BSPTS C2, Samantha Cavagnaro, PT, DPT, CIAYT, BSPTS C2, Lyon SSOL, Beth McKittrick-Bandy, PT, MBA, BSPTS C2. 0.3 CEU.

February 2021

APTA Combined Sections Meeting: Virtual. Several on-demand educational sessions (25% Education courses, 25% Cardiopulmonary, 40% Musculoskeletal, 5% Sports topics, 5% Neurologic)

Feb-Mar 2020

Florida Gulf Coast University, Office of Continuing Education. Cannabis Professional Certificate Program. Martha Rosenthal, PhD – lead instructor. Completed and passed certificate exams.

October 2019

APTA Education Leadership Conference / ACAPT Conference. Bellevue, WA. ACAPT Board meetings, multiple sessions (mainly education related topics), APTA Education Research Agenda follow-up meetings.

March 2019

Western States Pro Bono Clinic Conference. University of Utah, Salt Lake City, Utah. Mainly topics related to implementing, running, and marketing University-based pro bono clinics.

- January 2019 APTA Annual Combined Sections Meeting. Washington, D.C. Board meetings, multiple sessions (25% Modalities, 25% Musculoskeletal, 50% board meetings), APTA Education Research Agenda follow-up meetings.
- October 2018 APTA Education Leadership Conference / ACAPT Conference. Jacksonville, FL. ACAPT Board meetings, multiple sessions (mainly educational topics), APTA Education Research Agenda follow-up meetings.
- February 2018 APTA Annual Combined Sections Meeting. San Antonio, TX Convention Center. Board meetings, multiple sessions (25% Modalities, 25% Musculoskeletal, 50% Board meetings), APTA Education Research Agenda follow-up meetings.
- October 2017 APTA Education Leadership Conference / ACAPT Conference. Columbus, OH. ACAPT Board meetings, multiple sessions (Mainly educational sessions), APTA Education Research Agenda follow-up meetings.
- February 2017 APTA Annual Combined Sections Meeting. San Antonio, TX Convention Center. Board meetings, multiple sessions (25% modalities, 25% Cardiopulmonary), APTA Education Research Agenda follow-up meetings.

XV. Other Department Activities

None

XVI. Current Teaching Responsibilities in the Entry-Level Program for Academic Year of Site Visit

PT 7724 Integumentary and Physical Agents (Primary instructor for physical agents)
PT 7444 Cardiopulmonary (primary instructor)
PT 8272 Professional Issues II